Arts Center
Lake Superior State University

The Mystical Arts of Tibet
Schedule of Events

Monday Oct. 28

12 pm Opening Ceremony (Theater)
1 pm - 6 pm Mandala Sand Painting (Art Gallery)

Tuesday Oct. 29

10 am - Sacred Music Sacred Dance Performance (Theater - 1 hour)
1 pm - Sacred Music Sacred Dance Performance (Theater - 1 hour)
10 am - 6 pm Mandala Sand Painting (Art Gallery)

Wednesday Oct.30

1 pm - Lecture on Meditation for Focus and Stress Relief (Theater - 1 hour)
7 pm - Lecture on Death & Dying: The Tibetan Tradition (Theater - 1 hour)
10 am - 6 pm Mandala Sand Painting (Art Gallery)

Thursday Oct. 31

1 pm - Lecture on A Buddhist Approach to Working with the Emotions (Theater - 1 hour)
10 am - 6 pm Mandala Sand Painting (Art Gallery)

Friday Nov. 1

10 am - 11 am Mandala Sand Painting (Art Gallery)
12 pm - 1 pm Closing Ceremony (Art Gallery then gather at Rotary Park)
5 pm - 9 pm Mandala Sand Painting Video (Art Gallery)
7 pm Sacred Music Sacred Dance Performance (Theater - 2 hours)

Watch online a live stream of the creation of the Mandala Sand Painting:
https://livestream.com/lakestate/tibet

